

Dance Express Teams...

The Dance Express Recreational and Competitive Team program is for dancers that have the dedication, determination and desire to achieve a higher level in their dance education and would enjoy the challenge of competing their dances at regional competitions. WE ARE VERY EXCITED ABOUT THE ADDITION OF RECREATIONAL TEAMS!! These low commitment teams are perfect for the younger dancer just entering the competition world or even the older dancer needing to free up his/her schedule (minimum Classes required=1.5 hours per week). We will also be offering "Power Teams" (minimum classes required=2.5 hours per week), "Hip Hop Teams" (minimum classes required=3.5 hours per week), and for the most dedicated students "Lyrical Teams" are an option. (minimum classes required=4.5 hours per week). These teams have brought much success and pride to our studio family. Auditions are held each summer for all teams and over the years we have increased in dancers and in the number of dances that we compete. This year we had 16 teams that competed regionally (twin cities) at 3 different competitions. The team program consists of dancers as young as Kindergarten with 1-2 years of dance experience all the way up to our graduating seniors (15 years experience). Being a part of the Dance Express "team" program helps build dance skills, confidence, discipline, friendships and most importantly FUN! Our teams are under the direction of Mitzi Roberts. She along with the fabulous DXP staff are instructors who have brought their expertise and a whole new level of challenge to our dancers. All of our instructors have won numerous awards for their choreography and dances. Our Staff brings a unique style of choreography and a wonderful energy to our program. Our top two high school teams are given the opportunity to travel to national competition each summer. Nationals continues to be a highlight of the girls summer not only in the rewarding competition aspect but the friendship and bonds that are formed on this amazing trip. This summer our teams of S' Express and Dance Force will be traveling to Myrtle Beach where they will compete at the prestigious "Kids Artistic Revue" talent competition. Our Dance Express team is a family and we welcome all dancers to join! For information on our team and audition information you may log on to www.danceexpress.org, contact the studio at 507-625-3865 or send an email at danceexpress@hickorytech.net.

private lessons

Private Dance Instruction

- Do you need help defining your dance style?
- Do you want to learn the latest funky dance grooves?
- Do you need instruction on your basic dance technique?
- Do you need help preparing for a professional dance audition?

Take your dance to the next level!

Private lessons are a great way to improve your dance skills. Whether you would like jazz, tap, ballet, lyrical or hip hop lessons we have the instructor to improve your technique and performance style and take your dance to the next level.

Cost of the lessons are: \$20 per 1/2 hr. privates, \$16 per 1/2 hr. semi-private, \$15 per 1/2 hr. for 3 or more (per person)

Call the studio to schedule your private lessons.
Private small group lessons can also be arranged.



Dance Express Party

Enjoy two hours of dancing fun for 10 or more guests... Learn a fun new dance. Includes pizza, pop, cake, and ice cream. The best part is you pick the theme and your favorite song! At the end of the day, there will be a cool show for your parents.

Cost is \$125.00 for up to 10 guests
(additional guests \$12.50 per person)

Dance Express
2105 N. Broad Court
Mankato, MN 56001 For
questions call
(507)625-3865