

Specialty Technique Classes

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The following specialty technique classes are designed for the serious dancer looking to improve a specific area of his/her dancing. These classes are offered conveniently before or after regular technique classes on Mondays or Thursdays. These classes can be added on to your regular technique schedule or taken independently. **Preregistration Required - Space is limited. Use the SUMMER TECHNIQUE registration form when signing up for these classes or stop by the DXP office.**

Specialty Technique Classes including...

Extremely Quick Tapping Feet

This class includes everything from basic shuffle and flaps to more complex rhythm and combinations, continuing work on clarity and speed. Dancers will focus on the beats per minute, increasing as the class progresses. Dancers will be flying by the end to 180 bpm (beats per minute)! Experience necessary.

July 1, 8, 15 8:00am-9:00 \$27 per dancer

July 1, 8, 15 9:30am-10:30 \$27 per dancer

Advanced Turns

Turns are an important element of all forms of dance - ballet, jazz, and tap. Students will focus on proper body alignment and control, learning how to make a single turn into a series of turns working toward more difficult and technical turns.

June 14, 28, July 5 8:30-9:30pm \$27 per

July 1, 8, 15 12:30-1:30 pm \$27 per

Advanced Leaps

Some of the "trick" elements of dance include leaps and jumps. Students will have the opportunity to learn and perfect the elements to perform many different leaps and jumps. It is strongly recommended students take a Flexibility class along with a Leaps class.

June 14, 28, July 5 8:30-9:30 pm \$27 per

July 12, 19, 26 8:30-9:30 pm \$27 per dancer

Flexibility

Flexibility is something that needs constant attention, especially as your body grows. Students develop the skills necessary to perform desired splits, leaps, and tricks through different stretches and exercises.

June 10, 17, 24 11:00 am-12:00 \$27 per dancer

June 21, 28, July 5 5:30-6:30 pm \$27 per dancer

Contemporary

This class will give dancers a chance to explore Contemporary and/or lyrical styles of dance. Working on strengthening their core and increasing

flexibility through various movements and combinations.

August 2, 9, 16 5:30-6:30 pm \$27 per dancer

Showmanship

After all the hard work with technique classes, dancers need to finish the "package" with Showmanship. It is fun to watch a good dancer, but everybody loves to watch when the dancer has personality and enthusiasm. This class will help to bring out your shining personality.

June 10, 17, 24 9:30 am-10:30 \$27 per dancer

June 14, 21, 28 4:00pm-5:00 \$27 per dancer

POINTE Preparation & POINTE LEVEL 1

Ages 11 & Up

Dancers are required to be enrolled in at least Mon or Thu technique. After taking the Ballet, with the teacher's permission, students would be able to start Beginning Pointe or move to Pointe Level 1 in the fall.

July 1, 8, 15 12:30pm-1:30 \$27 per dancer

August 2, 9, 16 8:30p-9:30 \$27 per dancer